

16.04-19.04.24
Menu - basic diet

	Tuesday	Wednesday	Thursday	Friday
Morning snack	Wholemeal sunflower seed bread + butter + cream cheese + ham + vegetables + seasonal fruit	Wholemeal bread + butter + egg paste with chives + cream cheese + ham + vegetables + seasonal fruit	Walnut granola with milk + seasonal fruit	Large wheat roll (0.5 pcs.) + cream cheese + ham + omelet with whole wheat tortilla, cherry tomatoes, arugula and mozzarella cheese + vegetables + seasonal fruit
Allergens	1,3,7	1,3,7	1,7,8	1,3,7
Dinner	Cabbage soup with potatoes and dill Roast turkey in sauce + bulgur groats + carrots with peas	Chicken broth with noodles and parsley Pork wrap with baby spinach and mozzarella cheese in paprika sauce + silesian dumplings + green beans	Tomato soup with rice with cream Pancakes with maple syrup and fruit (strawberry, blueberry, banana, apple)	Krupnik soup, potatoes and parsley Fish sticks + mashed potatoes + mini carrots
Allergens	1,7,9	1,3,7,9	1,3,7,9	1,3,4,7,9
Snack	Blueberry cocktail with buttermilk + biscuits	Vegetable sticks (carrots, green cucumber, colored peppers) + yogurt- dill dip + waza bread	Colorful sandwiches Wholemeal bread, butter, cream cheese, ham, vegetables, paste with roast chicken, corn and chives	Cheesecake with jelly and fruit (1 piece)
Allergens	1,3,7	7	1,3,7	1,3,7

