

**15.07.24 - 19.07.24**

**Menu - basic diet**

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Homemade muesli + milk + seasonal fruit	Wholemeal sunflower seed bread + butter + cream cheese + ham + vegetables  + seasonal fruit	Wheat bread + butter + cottage cheese with chives + cream cheese + vegetables  + seasonal fruit	Strawberry granola + milk  + seasonal fruit	Wholemeal bread + butter + cream cheese + ham+ boiled egg  + seasonal fruit
Allergens	1,7	1,7	1,7	1,7	1,3,7
Dinner	Pumpkin with semolina  Pasta in broccoli cream sauce with chicken	Fennel soup with rice  Vegetarian chilli con carne with red beans and corn served with jasmine rice	Poultry broth with noodles and parsley  Pork stew with peppers in tomatoes + buckwheat groats	Tomato soup with rice  Bucht in pudding sauce	Botwinka with potatoes whitened with cream  Fish and vegetable cutlet + mashed potatoes + carrots with apple
Allergens	1,7,9	1,7,9	1,7,9	1,3,9	1,3,4,7,9
Snack	Wholemeal bread, butter, ham, cream cheese, vegetables	Strawberry and banana smoothie with buttermilk + biscuits	Vegetable sticks (carrots, green cucumber, bell peppers) + yogurt dip + waza bread	Wholemeal bread, butter, ham, cream cheese, vegetables	Vegan apple pie with cinnamon
Allergens	1,7	7	1,7	1,7	1