

Menu – 24.03.2025 – 28.03.2025 EMS

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Oatmeal with milk + seasonal fruit	Wholemeal sunflower seed bread + butter + cheese + ham + tomato / lettuce mix + seasonal fruit	Granola with milk + seasonal fruit	Wholemeal bread + butter + pork sausage (1 pc) + ketchup + cheese + ham + cucumber / arugula + seasonal fruit	Graham roll (0.5 pcs) + butter + cheese + ham + boiled egg + pickled cucumber / iceberg lettuce + seasonal fruit
Allergens					
Dinner	Buckwheat with parsley Poultry stew with vegetables in cream sauce + mix of groats	Tomato soup with pasta Vegetarian mild curry with coconut milk and chickpeas + jasmine rice	Vegetable soup with millet groats + cream Roast pork + mashed potatoes + cabbage with dill	Chicken broth with semolina and parsley Sweet pasta in strawberry sauce with greek yogurt	Cucumber soup with rice and fresh dill Breaded cod + boiled potatoes with dill + sauerkraut salad
Allergens					
Snack	Wholemeal sunflower seed bread + butter + cheese + ham + pickled cucumber	Sweet roll + butter + cottage cheese with honey + cherry jam	Wholemeal sunflower seed bread + butter + cheese + ham + tomato	Vegetables sticks: Carrot, cucumber, pepper, herb sauce, bread vase	Chocolate cake with coconut flakes (1 piece)
Allergens					