

Menu (basic diet) – 31.03.2025 – 4.04.2025 EMS

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|---|--|--|--|
| Morning snack | Granola with milk + seasonal fruit | Wholemeal bread with sunflower seeds + butter + cheese + ham + vegetables + seasonal fruit | Corn flakes with honey + milk + seasonal fruit | Wholemeal bread with sunflower seeds + butter + vegan white bean paste with roasted onion + semi-skimmed cottage cheese + cheese + ham+ vegetables + seasonal fruit | Wholemeal sunflower bread + butter + tuna, egg and pickled cucumber paste + ham + cheese + vegetables + seasonal fruit |
| Allergens | | | | | |
| Dinner | Tomato soup with rice Breaded chicken fillet + barley groats with vegetables + cabbage salad with tomato, cucumber and corn in provencal herbs | Ukrainian borscht with potatoes whitened with cream Creamy napoli sauce with mascarpone cheese and fresh basil served with spaghetti noodles | Vegetable soup + choux pastry Pork meatball in creamy mushroom sauce + mashed potatoes + steamed broccoli | Chicken broth with pasta and parsley Yeast buns in plum sauce + Greek yoghurt | Corn and potato cream with popcorn Breaded cod + potatoes with dill + carrots with apple, Greek yoghurt and roasted sunflower seeds |
| Allergens | | | | | |
| Snack | Wholemeal bread with grain + butter + tomato cottage cheese with sun-dried tomatoes, olives and fresh basil + ham + vegetables | Homemade focaccia with olive oil, olives and cherry tomatoes (1 piece) | Graham roll (0.5 pcs) + butter + egg paste with avocado and coriander + mozzarella with tomatoes + cheese + ham + vegetables | Vegetable sticks (carrots, cucumber, peppers, yogurt dip, bread vase) | Spinach cake with mascarpone cream and pomegranate (1 piece) |
| Allergens | | | | | |

Menu (vegetarian diet) – 31.03.2025 – 4.04.2025 EMS

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|---|--|---|---|
| Morning snack | Granola with milk + seasonal fruit | Wholemeal bread with sunflower seeds + butter + cheese + vegetables + seasonal fruit | Corn flakes with honey + milk + seasonal fruit | Wholemeal bread with sunflower seeds + butter + vegan white bean paste with roasted onion + semi-skimmed cottage cheese + cheese + vegetables + seasonal fruit | Wholemeal sunflower bread + butter + tuna, egg and pickled cucumber paste + cheese + vegetables + seasonal fruit |
| Allergens | | | | | |
| Dinner | Tomato soup with rice Breaded tofu + barley groats with vegetables + cabbage salad with tomato, cucumber and corn in provencal herbs | Ukrainian borscht with potatoes whitened with cream Creamy napoli sauce with mascarpone cheese and fresh basil served with spaghetti noodles | Vegetable soup + choux pastry Veggie balls in creamy mushroom sauce (champignon) + mashed potatoes + steamed broccoli | Baked vegetables soup with pasta and parsley Yeast bunches in plum sauce + Greek yoghurt | Corn and potato cream with popcorn Soy cutlets+ potatoes with dill + carrots with apple, Greek yoghurt and roasted sunflower seeds |
| Allergens | | | | | |
| Snack | Wholemeal bread with grain + butter + tomato cottage cheese with sun-dried tomatoes, olives and fresh basil + vegetables | Homemade focaccia with olive oil, olives and cherry tomatoes (1 piece) | Graham roll (0.5 pcs) + butter + egg paste with avocado and coriander + mozzarella with tomatoes + cheese + vegetables | Vegetable sticks (carrots, cucumber, peppers, yogurt dip, bread vase) | Spinach cake with mascarpone cream and pomegranate (1 piece) |
| Allergens | | | | | |